

EVERY SCHOOL DAY COUNTS

From the desk of the NCDSB Attendance Counsellor

Dear Parents and Guardians,

Ring in the new year with regular school attendance. Attending school on a regular basis helps students feel more connected to their community and develop strong social skills and friendships.



Benefits of regular school attendance for your child include:



- Staying on track for graduation
- Strong time management skills
- Improved reading, writing and math skills
- Develop and practice social skills
- Overall well-being



Every school day provides an opportunity to learn and grow.

Sincerely,

A Levesque

Amber Levesque

Attendance & Re-Engagement Counsellor



Did you know?

School Absenteeism is associated with lower academic achievement in reading and math, which can cause students to struggle in later years academically, emotionally and financially.



“What the new year brings to you will depend a great deal on what you bring to the new year.” — Vern McLellan



NEW YEARS ATTENDANCE RESOLUTIONS



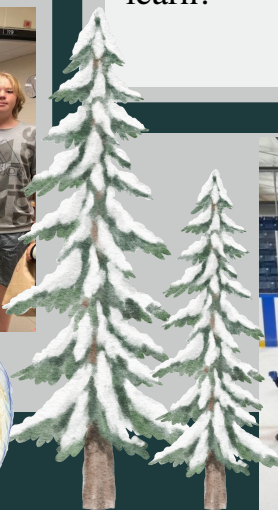
Be Consistent - Set a routine for your child with a regular bedtime schedule based on Health Canada's recommendations. Use alarm clocks and have all the items you need for the day prepared ahead of time.

Be Organized - Avoid booking medical appointments and extended trips when school is in session.

Be Direct - Talk to your child about the importance of being at school everyday and on time.

Be Mindful - Track and monitor days your child misses school. Work with your school to improve attendance. Take notice of positive steps forward of improved attendance.

Be Healthy - Keep your child active and ensure they have plenty of rest so they are refreshed, recharged and ready to learn!



“Do it again and again. Consistency makes the rain drops to create holes in the rock. Whatever is difficult can be done easily with regular attendance, attention and action.”

— Israelmore Ayivor

